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Intermediary and structural determinants of early childhood health in Colombia: exploring the role of communities

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Abstract

This study examines how structural determinants influence intermediary factors of child health inequities and how they operate through the communities where children live. In particular, we explore individual, family and community level characteristics associated with a composite indicator that quantitatively measures intermediary determinants of early childhood health in Colombia. We use data from the 2010 Colombian Demographic and Health Survey (DHS). Adopting the conceptual framework of the Commission on Social Determinants of Health (CSDH), three dimensions related to child health are represented in the index: behavioural factors, psychosocial factors and health system. In order to generate the weight of the variables and take into account the discrete nature of the data, principal component analysis (PCA) using polychoric correlations are employed in the index construction. Weighted multilevel models are used to examine community effects. The results show that the effect of household's SES is attenuated when community characteristics are included, indicating the importance that the level of community development may have in mediating individual and family characteristics. The findings indicate that there is a significant variance in intermediary determinants of child health between-community, especially for those determinants linked to the health system, even after controlling for individual, family and community characteristics. These results likely reflect that whilst the community context can exert a greater influence on intermediary factors linked directly to health, in the case of psychosocial factors and the parent's behaviours, the family context can be more important. This underlines the importance of distinguishing between community and family intervention programmes.

Keywords: child health, intermediary determinants, structural determinants, communities, Colombia.

1. Introduction

There is vast evidence of the association between the place where children live and their health (Marmot, Friel, Bell, Houweling, & Taylor, 2008). The place where children are born may have considerable influence on their growth, development and survival. It is clear that life chances may be very different whether a child is born in Sweden or in an African country. But even within countries, these differences in life chances persist between social groups.

In order to obtain a better understanding of the differences in health status, their determinants and consequences on health inequities, the Commission on Social Determinants of Health (CSDH) was set up in 2005 by the World Health Organization (WHO). The CSDH conceptual framework highlights the importance for policy-making of the distinctions between the social factors that influence health and the social processes that determine their unequal distribution, giving special attention to the context and the structural mechanisms, this means the factors that generate or reinforce the social stratification (Solar & Irwin, 2010).

The conceptual framework for childhood health inequities adapted from CSDH is showed in Figure 1. The framework includes two key components: structural determinants and intermediary determinants of health inequities. The framework shows how the causes of health inequities are rooted in the socioeconomic and political context, which give rise a set of socioeconomic positions, whereby societies are stratified mainly according to income, education, occupation, gender, and ethnicity. These socioeconomic positions in turn have an indirect effect on health status, they operate through a set of specific determinants (intermediary determinants) of health to shape health inequities (Solar & Irwin, 2010).

The main intermediary determinants are: material circumstances, biological and behavioural factors, psychosocial factors and health system. Material circumstances are related to living and working conditions and food availability in households. The behavioural and biological factors category is associated to differences in lifestyle, such as nutritional habits and physical activity, as well as, including genetic factors. Psychosocial circumstances are linked to stressful events in the life course. Finally, the model includes the health system itself as a social determinant of health

The intermediary determinants are the most immediate mechanism through which socioeconomic position operates on child health inequities and, therefore, their identification may contribute to determine intervention policies at this level. This indicates the relevance these factors have, to the extent that they can be more easily modifiable, for instance, through programmes aimed at child and maternal care.

Structural determinants Intermediary determinants Childhood health inequities Socioeconomic Socioeconomic Material circumstances and political position context Biological factors ■Education Governance Behavioural factors Occupation Policies (macro, social, Income Psychosocial factors public) Gender Culture and values Health system Ethnicity

Figure 1. Conceptual framework of social determinants of child health

Source: Adapted from Solar and Irwin (2010)

In a similar vein, in recent years there has been a growing interest in analysing the causal pathways by which place where people live -communities, neighbourhoods or areas- influences health outcomes and shapes health inequities (Bernard et al., 2007; Cummins, Curtis, Diez-Roux, & Macintyre, 2007; Cummins, Macintyre, Davidson, & Ellaway, 2005; Diez Roux, 2001; Macintyre, Ellaway, & Cummins, 2002). From the point of view of public policy, understanding and disentangling the effects of context on individual health outcomes is important because not only can this lead to more effective policy design, but it can help determine the appropriate level of intervention of those policies, and hence contribute to the reduction of health disparities.

Additionally, using multilevel models as appropriate statistical technique to estimate contextual effects in health research, has been extensively examined in the literature (Diez Roux, 2000; Duncan, Jones, & Moon, 1998; Pickett & Pearl, 2001; Rice & Jones, 1997). Multilevel modelling represents an opportunity to take into account hierarchically clustered data into the analysis and explicitly modelling of variances at each level of the hierarchy. Thus, allowing us to identify the nature of variability and the effect of contextual factors on child health.

In the context of child health the majority of empirical research for developing countries using multilevel models, focus on health outcomes such as nutritional status (Boyle et al., 2006; Fotso, 2006, 2007; Fotso & Kuate-Defo, 2005, 2006; Griffiths, Madise, Whitworth, & Matthews, 2004; Larrea & Kawachi, 2005; Madise, Matthews, & Margetts, 2010; Reichman, Teitler, & Hamilton, 2009; Uthman, 2009), mortality rates (Ahamad, Tasnima, Khaled, Bairagi, & Deb, 2010; Antai & Moradi, 2010; Bocquier, Madise, & Zulu, 2011; Chin, Montana, & Basagaña, 2011) and immunization (Antai, 2009; Babalola, 2009). These studies mainly examine community contextual effects and

repeatedly find that even after controlling for relevant individual characteristics and contextual effects, significant variations at the community level persist.

Against this background, in our study we examine the underlying causes of child health inequities by exploring the influence that socioeconomic context may have on the more immediate determinants of child health and how they operates through the communities where children live.

The study uses Colombia as context of empirical enquiry. This is a lower-middle income country, heterogeneous both in its geography and in the level of socioeconomic development among its departments and municipalities. The country is divided into 32 departments and one capital district (Bogotá), in turn departments are formed by municipalities. There are 1,102 municipalities, which are the fundamental territorial entity of the political-administrative subdivision and they have political, fiscal and administrative autonomy.

Reducing inequity among Colombian departments and the care in early childhood are two of the priorities of the Colombian government's strategy included in the National Plan of Development 2010-2014 (Departamento Nacional de Planeación-DNP, 2011). The country has shown significant progress in child health. For example, in the last five years the under-five mortality rate has fallen from 24 to 19 deaths per 1000 live births, births attended by a doctor have increased by 5 percentage points to 93% and immunization coverage rates have reached 84%. However, there are still large differences between departments as well as within municipalities. For instance, the proportion of chronic childhood malnutrition by department ranges from 3.8% to 34.7%.

Although some studies have included the Colombian case in comparative analysis of child health outcomes (Hatt & Waters, 2006; Larrea & Freire, 2002; Mcquestion, 2001), there are few studies that examine the influence of context on child health within the country (Acosta, 2012; Attanasio, Gómez, Gómez, & Vera-Hernández, 2004; Gaviria & Palau, 2006). Moreover, we are not aware of any research that has explored the role of communities on child health in Colombia.

The analysis proposed here by communities beyond the regional and national averages not only allows us to analyse contextual disparities in key areas for child health, but also may leads to differential intervention strategies in order to reduce place-based health inequalities (Coulton & Fischer, 2010; Coulton, Korbin, & McDonell, 2009).

Taking this on board, the purpose of this study is to improve our understanding of the pathways through which structural determinants influence different dimensions of intermediary determinants of child health and how they operate according to the communities where children live. We adopt the CSDH framework and construct an overall composite index of intermediary determinants of early childhood health. Furthermore, we analyse the different dimensions of these intermediary factors through the construction of two subindices. While one of them attempt to represent factors linked to the health system, the other one grouped together psychosocial and behavioural factors that can influence child well-being.

In order to generate the weight of the variables and take into account the discrete nature of the data, principal component analysis (PCA) using polychoric correlations are employed in the index construction. Weighted multilevel models are used in order to

examine community effects. Specifically, we focused on answering the following questions: i) What is the role of communities in shaping intermediary determinants of child health?, ii) Do such roles vary when different dimensions of intermediary determinants are taken into account?, iii) Is there significant variation in intermediary determinants of child health across communities? and iv) What is the relative contribution of individual and family characteristics to intermediary determinants of child health?

2. Data and Methods

2.1 Data

The data used in this analysis are from the Colombian Demographic and Health Survey (DHS) conducted in 2010. Profamilia has carried out this survey in Colombia every 5 years since 1990. The survey is nationally representative and covers the urban and rural areas of 6 regions (Caribbean, Eastern, Bogotá, Central, Pacific, and Amazon and Orinoco), 16 subregions and 33 departments (administrative subdivisions).

The DHS sample was obtained by a stratified, multistage and cluster sampling design. The sample included about 51,000 households in both urban and rural areas of 258 municipalities. Within municipalities, households with similar characteristics were grouped to form clusters on average of 13 households. We used these sampling clusters as proxy for community. The sample selection process is showed in Figure 2. The sample included a total of 15,906 children between 6 and 60 months who were alive at the time of the interview. The data on antenatal care, delivery conditions and postpartum were collected only for the last child born alive (n=12,801). On the other hand, the data on supplementary food were collected only for children under 36 months, which reduced the sample to 8,245 children. Finally, for all variables included in the study, values of "don't know" or "missing" were excluded. Thus, our final sample comprised 6,610 children between 6 and 36 months alive and for whom we had complete information.

Households n=51 447 Children alive 6-60 months n=15 906 Children Children Last birth Not last birth n=12 801 (80.4%) n=3 105 (19.6%) (Data collected on antenatal care delivery and postpartum) Children 6-36 months n= 8 285 (64.7%) (Data on supplementary food collected for children <36months) Missing (837) Don't know (838) Children Final Sample n= 6 610 (79.7%)

Figure 2. Flow chart for sample selection

2.2 Variables

Dependent variable: Intermediary Determinants of Early Childhood Health Index (IDECHI)

The dependent variable is a composite indicator of intermediary determinants of early childhood health (IDECHI)¹. Composite indicators have proven to be an efficient tool for analysing and formulating public policies, as well as for bench-marking country performances (Saltelli, 2007). They are useful tools for simplifying complex or multidimensional phenomena and making it easier to measure, visualize, monitor and compare trends in several distinct indicators over time and/or across geographic regions.

Adopting the conceptual framework of the CSDH, three dimensions related to child health were represented in the index: behavioural factors, psychosocial factors and health system. Since the dimension of material circumstances is highly correlated with the socioeconomic position, we do not include such dimension as part of the IDECHI.

In order to generate the weight of the index variables and take into account the discrete nature of the data, we employed principal component analysis (PCA) using polychoric correlations (Olsson, 1979; Olsson, Drasgow, & Dorans, 1982). We used polychoric

¹ For more details of methodology used in the index construction, see our previous work (Osorio, Bolancé, & Alcañiz, 2011)

PCA as opposed to the strategy proposed by Filmer and Pritchett (2001), which breaks down the categorical variables into a set of dummy variables. Filmer–Prictchett procedure does not perform well with ordinal data and the proportion of explained variance estimated by this method is underestimated (Kolenikov & Angeles, 2009).

Based on Kaiser criterion (Kaiser, 1960), four principal components (PC1, PC2, PC3 and PC4) were selected. These four PC represent variables related to maternal care (PC1), child care (PC2), nutritional habits (PC3), physical activity (PC3) and parenting style (PC3 and PC4). The index was estimated using a weighted average of the components retained. The dimensions, indicators and variables represented by each component are presented in table 1.

Additionally, in order to examine the influences that communities may have on different dimensions of intermediary determinants; we used two subindexes (IDECHI_1 and IDECHI_2) as dependent variables. The health system dimension is represented by aggregating PC1 and PC2 (IDECHI_1), while PC3 and PC4 are combined into one subindex (IDECHI_2) representing behavioural and psychosocial factors dimension. The scores of indices range from 0 to 1, where 1 represents the best health conditions in intermediary determinants and 0 the worst circumstances.

Independent variables

The description of variables used in the analysis is presented in the third column of Table 2. We include as explanatory variables a set of background controls, family socioeconomic characteristics and community characteristics, which are likely to affect intermediary determinants of child health.

As background controls, child-specific variables (age, age-squared, sex, birth order and preceding birth interval and the fraction of child's life spent in a community nursery), mother's characteristics (age at first birth) and household composition (number of under-five children) were considered in the models.

Socioeconomic family characteristics included mother's education, mother's occupation, mother's autonomy, father's education, household socioeconomic status and place of residence. Mother's autonomy was represented by a composite indicator based on women's decisions on their own health care, large and daily household purchases, visits to family or relatives, food to be cooked, money husband earns, studying and having sexual intercourse. Household socioeconomic status index (SES) was constructed based on ownership of consumer durable goods and quality of housing. These two composite indicators were constructed using polychoric PCA.

Given the importance that communities have for the purpose of this study, we tested specific characteristics of the community context that may influence intermediary determinants of child health. Community maternal education was measured by the mean years of the mother's education in the community. Community maternal employment was defined as the proportion of women currently working in the community. Community socioeconomic status was constructed as the mean level of socioeconomic status index in the community.

The influence of community child care programmes was assessed through the children exposure to community nurseries programme (Hogares Comunitarios de Bienestar-HCB). This is one of the main Colombian government programmes in favour of early

childhood. Each HCB benefits approximately 12 to 14 pre-school children, who receive care from one of the mothers in the community. Currently, there are nearly 80,000 HCB in the country and about one million children from the poorest households participating in the programme (Attanasio, Di Maro, & Vera-Hernández, 2010; Attanasio & Vera-Hernández, 2004). Finally, community female autonomy was created as the level mean per community of the individual mother's autonomy index.

Additionally, cross-level interactions between mother's own education and community education were assessed. The aim was to test whether living in a community with more educated mothers, can modify the impact of mother's own education on the performance in intermediary determinants of child health. Similarly, cross-level interactions between household SES and community SES were examined. However, none of them were statistically significant, and hence, were taken out from the final models.

Table 1. Intermediary Determinants of Early Childhood Health Index (IDECHI)

Component	Dimension	Indicator	Variable	Description	
	Health system	Maternal care	Delivery by doctor	Doctor assisted the delivery: no (0), yes (1)	
			Delivery place	Delivery in a health facility: no (0), yes (1)	
PC1			Antenatal care	Number of antenatal visits: 0 (0), 1-3 visits (1), 4 or more (2)	
			Tetanus injection	Mother received tetanus toxoid injection: no (0), yes (1)	
PC2		Child care	Immunization	Child received third doses of polio: no (0), yes (1)	
			Health card	Child has health card: no (0), yes (1)	
	Behavioural and psychosocial factors	Nutritional habits	Food intake	Mother gave child mangoes, papayas or other vitamin A fruits in the last 24 hours: no (0), yes (1)	
			Breastfeeding	Months of breastfeeding: never (0), up to 2 years (1), more than 2 years (2)	
PC3		Physical exercise	Physical activity	Mother or household member spent time with child in physical activities last week: never (0), once (1), 2-4 times (2), 5 or more times (3)	
			Play	Frequency played with child last week: never (0), once (1), 2-4 times (2), 5 or more times (3)	
		Parenting		Punish	Mother punish children physically: no (0), yes (1)
PC4		style	Care	Who cares for child when respondent is out of home: mother (0), father (1), grandparents (2), others (3)	
			Marital status	Mother is cohabitating with partner: no (0), yes (1), no partner (2)	

2.3 Statistical analysis: Multilevel models

The role of communities on intermediary determinants of child health was examined using multilevel models. Multilevel modelling allows us to take into account the hierarchical structure of the data and explore variations between and within clusters. Having hierarchical data, such as DHS data, individuals from the same cluster tend to be more similar among themselves than individuals from different groups. Consequently, the assumption of independence of observations which standard statistical tests are based, is violated. Thus, if clustering is not considered standard

errors will be underestimated, confidence intervals will be too narrow and p-values will be too small, giving rise to spurious significances (Steele, 2008).

Multilevel models not only allow us to obtain statistically efficient estimations of the regression coefficients, but they enable us to analyse variables at different levels simultaneously (Hox, 2002). That is, enable us to investigate the extent to which differences in intermediary determinants of child health are accounted for by contextual characteristics, such as the level of community socioeconomic development. Furthermore, estimating the variance at each level allows us to differentiate between the variation in child health that is due to differences at context level and those that are the result of differences in family characteristics.

In this study, given that the number of children per mother and mother per household is very small, children, mothers and households are considered as part of a same level labelled: family. Thus, two-level regression models were fitted with 6,610 families at level 1, nested within 3,023 communities at level 2. The models had the following general specification:

$$y_{ij} = \beta_0 + \sum_{k=1}^{p} \beta_k X_{kij} + \sum_{l=1}^{q} \beta_l Z_{lj} + (u_j + e_{ij})$$
 (1)

where y_{ij} is the score of the intermediary determinants of early childhood health index for the *ith* child in the *jth* community; β_0 is the overall mean across communities; X_{ij} refers to the family-level covariates; Z_j refers to the community-level covariates; e_{ij} and u_j are the residuals at the family and community levels, respectively. These residuals are assumed to follow a normal distribution with mean zero and variances σ_e^2 and σ_u^2 .

Sample design: weighting and scaling in multilevel modelling

Like most of the samples from the DHS, the sample design of the Colombian DHS incorporates sampling weights in order to reduce the estimation bias due to unequal selection probabilities. However, as many authors have argued the use of sampling weights in the context of multilevel models is not straightforward and should be treated with caution (Asparouhov, 2004; Pfeffermann, Skinner, Holmes, Goldstein, & Rasbash, 1998; Rabe-Hesketh & Skrondal, 2006). Multilevel models that incorporate sampling weights use pseudomaximum likelihood estimation where weights enter into the function at different levels of the hierarchy, and hence, it is not sufficient with the inclusion of the level-1 weights. Moreover, in order to include design weights properly is also necessary to scale them (Carle, 2009).

Despite this, weights and scale can be incorporated into the model with Stata12 through the estimation command "xtmixed". Our DHS sample includes only an overall weighting variable for individual level observations. Following Goldstein (1999), we calculate level-2 weights (w_i) from the individual-level weights (w_{ii}) :

$$w_{j} = \frac{\sum_{i} w_{ij} / n_{j}}{\left(\sum_{j} \sum_{i} w_{ij} / n_{j}\right) / J}$$

$$(2)$$

where J is the total number of clusters. Given that we have small cluster sizes (on average 13 households per community), we used the "effective" method for standardizing weights so that the level-1 weights sum to the effective cluster size (Carle, 2009).

3. Results

3.1 Descriptive analysis

The index of intermediary determinants of early childhood health (IDECHI) by Colombian departments is illustrated by Figure 2. The map shows that departments that relatively perform better in most of the specific determinants of early childhood health are located in the centre of the country. In contrast, those departments where intermediary determinants of child health perform worse, are located in the peripheral region.

The sample characteristics are shown in Table 2. All descriptive statistics are weighted by sampling weights. The average age of children included in the sample is 20 months. They are almost evenly distributed between boys and girls. About 40% of the children do not have siblings and have been exposed 6% of their lives to a community nursery. In terms of family socioeconomic characteristics, most children were born to mothers and fathers with secondary studies and to mothers employed mainly in activities that require skilled labour. Furthermore, while about 28% of the children live in poor or very poor households, about 12% live in the richest households. The majority of children (72%) reside in urban areas.

Figure 3 depicts the relationship between the overall index and selected characteristics. The overall index shows evidence of a socioeconomic gradient in intermediary determinants of child health, i.e. the better education and socioeconomic status, the higher the score of the index. For instance, the score of the overall index is 30% higher among children born to parents with higher education than in children born to uneducated parents.

3.2 Intermediary determinants of early childhood health

Tables 3-5 show the results of multilevel models for the overall index (IDECHI) and the two subindexes (IDECHI_1 and IDECHI_2). Note that all indicators range from 0 to 1 and are interpreted positively; therefore a positive regression coefficient should be interpreted as increasing in index score.

In order to explore, to what extent the variation between-communities changes when individual, family and community characteristics are added, four sequential models were fitted. Model 0 (null model) included no explanatory variables. Model 1 incorporated background controls (child's sex and age, birth order and preceding birth interval, exposure to community nurseries programme, mother's age at birth of first child and number of under-five children in the household). Model 2 added family

socioeconomic characteristics (mother's education, mother's occupation, mother's autonomy, partner's education and household's SES). Finally, Model 3 accounts for community characteristics (mean years of mother's education, mean level of SES, proportion of women working, mean level of children exposure to community nurseries programme and mean level of female autonomy). The community effects are discussed in section 3.4. Here we focus on the results of models for the overall index and the subindexes (Tables 3, 4 and 5).

The overall index

When IDECHI was controlled for by background controls (Model 1a), findings showed that except child's sex, all coefficients are statistically significant. However, when socioeconomic family characteristics were added (Model 2a) the effect of higher birth orders (4th +), child's exposure to community nurseries programme and the association with mother's age disappeared.

As we expected, mother's education and household socioeconomic status were strongly associated with intermediary determinants of child health. Mothers working in skilled sectors positively influenced IDECHI's performance compared to mothers who do not work. Regarding the partner's education, the coefficients for higher educational level and no partner, were found to be statistically significant. Mother's autonomy and place of residence does not reach statistical significance in the models.

Finally, controlling for community characteristics (Model 3a), little changes were observed in background and socioeconomic variables. The most remarkable change was observed in the significance and magnitude of wealth quintiles coefficients. The results showed that they lose statistical significance and their effect is reduced by almost half. Community characteristics showed that children living in communities with higher levels of education and socioeconomic status have a higher score index. In contrast, children living in communities with greater exposure to community nurseries programme have lower score in the overall index.

The health system index

The results of the models for the health system dimension (IDECHI_1) indicated that when background controls are considered (Model 1b), the coefficients for child's sex and exposure to community nurseries programme were not statistically significant (see Table 4).

With the introduction of the family socioeconomic characteristics in Model 2b, the effects of background controls remained the same. The mother's education and occupation and household's SES were found to be strongly associated with the IDECHI_1. In contrast to the models for the overall index, the coefficients for mother's autonomy and place of residence were statistically significant in the case of health system dimension. Children of mothers with higher levels of autonomy and living in urban areas had higher performance in the index score. However, when community characteristics were included (Model 3b), the effect of place of residence disappeared and the influence of household wealth was less. In relation to community variables, only the mean years of maternal education in the community and the mean level of SES were found to be associated with the IDECHI 1.

The behavioural and psychosocial factors index

The results of the models for the behavioural and psychosocial factors index (IDECHI_2) are showed in table 5. In Model 1c only the age of child and birth order and preceding birth interval were associated with the IDECHI_2. Nevertheless, when family socioeconomic characteristics were included in Model 2c, the sex of child and the age of mother at first birth reached statistical significance. As in the other indexes mother's education, mother's occupation and household's SES were associated with the behavioural and psychosocial dimension. Finally, in Model 3c with the inclusion of community characteristics, the effect of household wealth practically disappeared. The community variables that were associated with the index were the proportion of women currently working in the community and the children exposure to HCB programme.

3.3 Comparing the health system and the behavioural and psychosocial factors dimensions

Table 6 shows the full models (Models 3a, 3b and 3c) for the three indicators. Comparing the models for the health system dimension and the behavioural and psychosocial dimension (Models 3b and 3c), the results indicated that child's sex was only associated with the IDECHI_2. Girls had worse performance in the indicator of behavioural and psychosocial factors than boys. On the other hand, child's exposure to HCB programme was only positively associated with the health system index.

In general, age of child showed a curvilinear association with intermediary determinants of child health. However, it is observed that its effect is very small. There was a significant association between mother's age at first birth and the two subindexes. This showed that the older the mother, the better the performance of intermediary factors related to health system, but the worse the performance of psychosocial and behavioural factors indicator. The number of under-five children in the household was only significantly associated with health system model.

Regarding to family socioeconomic characteristics, the mother's education and occupation were significantly associated with the two subindexes. However, in Model 3c the occupation effect was stronger and educational effect weaker than Model 3b. Mothers' autonomy, on the other hand, was only associated with health system dimension. In addition, the results suggest that household socioeconomic status is more clearly associated with health system dimension than behavioural and psychosocial factors dimension. No significant differences by place of residence were observed.

In relation to community characteristics, community mothers' education and community SES were positively associated with the heath system index. In the case of behavioural and psychosocial factors index, the results showed that while women employment was positively associated with the index, community exposure to HCB child care program was negatively associated with the indicator.

3.4 Community effects

Table 7 presents the variances (random effects) at the community and family level, as well as the variance partition coefficient (VPC) and the percentage change in variance. The VPC permits identification of the extent to which between-community variation is explained by individual and community characteristics. All estimated coefficients for

the community level variances were significant, indicating that there is some variance in intermediary determinants of child health that is attributed to unobserved heterogeneity at the community level.

The VPC for the overall index showed that 17.4% of the variability in the IDECHI is explained by community characteristics, while when the health system dimension is taken into account this variability is 22.7%. In the case of behavioural and psychosocial dimension the variability due to community characteristics is almost one third of the health system model.

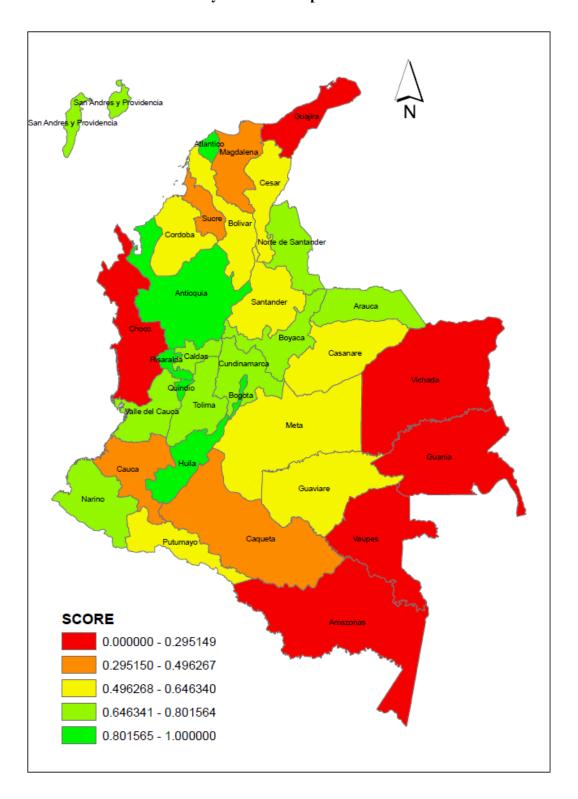
When background controls are added to the models, the variability in intermediary determinants attributable to between-communities differences is reduced approximately 46% in Models 1a and 1b, and 31% in Model 1c. In comparison to models 1, with the inclusion of family socioeconomic variables (Models 2), the VPC is reduced about 25% in the models for IDECHI and IDECHI_1, and only 8% for IDECHI_2 model.

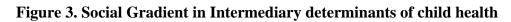
Finally, when community characteristics are included (Models 3), the greatest reduction in the VPC is observed with the overall index, where this is reduced to 1.4% (81% of change in variance compared to Model 2a). For IDECHI_1 the variance is reduced by 16.5%, while for IDECHI_2, the community effect remains constant after controlling for community characteristics.

Table 2. Sample characteristics and description of variables

Variables	Mean/ Proport	Description
Dependent	•	
IDECHI: overall index	0.61	A composite index of intermediary determinants of early childhood health (range between 0-1)
IDECHI_1: health system dimension	0.78	A composite index based on health system characteristics (range between 0-1)
IDECHI_2: Behavioural and psychosocial	0.39	A composite index based on behavioural and psychosocial
factors dimension Independent		factors (range between 0-1)
Background controls		
Age of child	19.52	Child's age in months
Sex of child		
boy	50.37	Child's sex
girl	49.63	Ciliid's Sex
Birth order/preceding birth interval		
first-birth	39.89	
2nd-3rd and <2 years	4.31	Childle high and a and array discribing high internal
2nd-3rd and >2 years 4th + and <2 years	41.61 2.89	Child's birth order and preceding birth interval
4th + and >2 years	11.29	
Exposure to community nurseries	0.056	Fraction of child's life spent in a community nursery (HCB): months spent in a HCB/child's age
Age of mother	20.36	Mother's age at first birth in years
Number of under-five children	1.47	Number of under-five children in the household
Family socioeconomic characteristics		
Educational level of mother		
no education	1.81	
primary	23.74 55.34	Mother's highest level of education
secondary higher	19.1	
Occupation of mother	17.1	
not working	14.88	
professional/technical/manager	5.45	Mother's occupation
clerical/sales/services/skilled manual	73.86	Wouler's occupation
agricultural/unskilled manual	5.81	A common the treat of the control of the treat of the control of t
Level of mother's autonomy	0.59	A composite index based on women's decisions on own health care, purchases, money, visits to family, cooking, studying and having sexual intercourse) (range between 0-1)
Educational level of partner		
no education	2.71	
primary	27.54	Design of the least to the Continuous
secondary higher	45.05 12.27	Partner's highest level of education
no partner	12.42	
Socioeconomic status		
very poor	11.48	A composite index based on ownership of consumer
poor	16.23	durable goods (radio, tv, fridge, motorcycle, and car/truck)
medium	21.32	and quality of housing (source of drinking water, type of
rich	38.33	toilet facility, floor and wall material and whether the
very rich Place of residence	12.64	household has electricity) (range between 0-1)
rural	27.92	
urban	72.08	Current place of residence
Community characteristics		
Maternal education	8.94	Mean years of mother's education in the community
Socioeconomic status	0.72	Mean level of SES in the community
Maternal employment	0.44	Proportion of women currently working in the community
Children exposure to community	0.06	Mean fraction of child's life spent in a community nursery
nurseries programme		
Female autonomy	0.56	Mean level of female autonomy in the community

Figure 2. Intermediary Determinants of Early Childhood Health Index (IDECHI) 2010 by Colombian departments





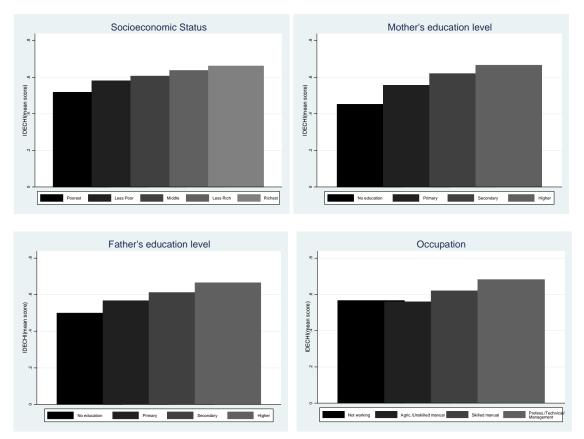


Table 3. Weighted multilevel models for Intermediary Determinants of Early Childhood Health Index –IDECHI-

Variable	Model 1a	Model 2a	Model 3a
Background controls			
Age (months)	0.005***	0.005***	0.005***
Age squared	-0.000***	-0.000***	-0.000***
Sex			
boy (Reference)			
1 girl	-0.007	-0.009*	-0.010*
Birth order/preceding birth interval			
first-birth (Reference)			
2nd-3rd and <2 years	-0.053***	-0.030**	-0.031**
2nd-3rd and >2 years	-0.029***	-0.015**	-0.015**
4th + and <2 years	-0.065***	-0.018	-0.019
4th + and >2 years	-0.062***	-0.014	-0.014
Exposure to community nurseries programme	0.035*	0.017	0.046**
Age at first birth (years)	0.002***	-0.000	-0.001
Number of under-five children	-0.016***	-0.012***	-0.011***
Family socioeconomic characteristics	0.010	0.012	0.011
Mother's education level			
no education (Reference)			
primary		0.068***	0.061***
secondary		0.099***	0.086***
higher		0.113***	0.095***
Mother's occupation		0.115	0.002
not working (Reference)			
professional, technical, manager		0.048***	0.043***
clerical, sales, services, skilled manual		0.030***	0.026***
agricultural, unskilled manual		0.013	0.010
Mother's autonomy		0.010	0.010
Partner's education level			
no education (Reference)			
primary		0.015	0.014
secondary		0.024	0.022
higher		0.046**	0.042*
no partner		0.089***	0.086***
Socioeconomic status			
very poor (Reference)			
poor		0.037***	0.021*
medium		0.045***	0.021*
rich		0.058***	0.028**
very rich		0.069***	0.031*
Place of residence			
rural (Reference)			
urban		0.006	-0.001
Community characteristics			
Mean years of mother's education			0.002*
Mean level of SES index			0.084***
Proportion of women currently working			0.010
Children exposure to community nurseries programme			-0.060*
Mean level of female autonomy index			-0.004

Table 4. Weighted multilevel models for IDECHI_1 (Health system index)

Variable	Model 1b	Model 2b	Model 3h
Background controls			
Age (months)	0.002***	0.002***	0.002***
Age squared	-0.000***	-0.000***	-0.000***
Sex			
boy (Reference)			
1 girl	-0.006	-0.006	-0.006
Birth order/preceding birth interval			
first-birth (Reference)			
2nd-3rd and <2 years	-0.033**	-0.030**	-0.030**
2nd-3rd and >2 years	-0.007	-0.009*	-0.009*
4th + and <2 years	-0.044**	-0.021	-0.023
4th + and > 2 years	-0.049***	-0.023**	-0.023**
Exposure to community nurseries programme	0.011	0.018	0.035*
Age at first birth (years)	0.003***	0.001**	0.001*
Number of under-five children	-0.026***	-0.020***	-0.019***
Family socioeconomic characteristics Mother's education level no education (Reference)			
primary		0.075***	0.068***
secondary		0.102***	0.089***
higher		0.107***	0.091***
Mother's occupation			
not working (Reference)			
professional, technical, manager		0.020*	0.021*
clerical, sales, services, skilled manual		0.013**	0.014**
agricultural, unskilled manual		-0.010	-0.008
Mother's autonomy		0.034***	0.032**
Partner's education level			
no education (Reference)			
primary		0.022	0.022
secondary		0.028	0.026
higher		0.032*	0.029
no partner		0.022	0.020
Socioeconomic status			
very poor (Reference)			
poor		0.034***	0.018*
medium		0.050***	0.026**
rich		0.058***	0.027**
very rich		0.060***	0.023*
Place of residence			
rural (Reference)			
urban		0.014**	0.007
Community characteristics			
Mean years of mother's education			0.002*
Mean level of SES index			0.088***
Proportion of women currently working			-0.009
Children exposure to community nurseries programme			-0.031
Mean level of female autonomy index			0.001

 $Table \ 5. \ Weighted \ multilevel \ models \ for \ IDECHI_2 \ (Behavioural \ and \ psychosocial \ factors \ index)$

Variable	Model 1c	Model 2c	Model 3c
Background controls			
Age (months)	0.007***	0.008***	0.008***
Age squared	-0.000***	-0.001***	-0.001***
Sex			
boy (Reference)			
1 girl	-0.009	-0.011*	-0.011*
Birth order/preceding birth interval			
first-birth (Reference)			
2nd-3rd and <2 years	-0.063***	-0.023	-0.024
2nd-3rd and >2 years	-0.048***	-0.018**	-0.019**
4th + and <2 years	-0.076***	-0.010	-0.012
4th + and > 2 years	-0.063***	-0.001	-0.001
Exposure to community nurseries programme	0.031	0.012	0.049
Age at first birth (years)	0.001	-0.002**	-0.002**
Number of under-five children	-0.001	-0.000	-0.000
Family socioeconomic characteristics			
Mother's education level			
no education (Reference)			
primary		0.045*	0.040*
secondary		0.075***	0.065**
higher		0.094***	0.080***
Mother's occupation			
not working (Reference)			
professional, technical, manager		0.071***	0.059***
clerical, sales, services, skilled manual		0.042***	0.035***
agricultural, unskilled manual		0.037**	0.029*
Mother's autonomy		-0.018	-0.017
Partner's education level			
no education (Reference)			
primary		0.004	0.003
secondary		0.015	0.013
higher		0.052*	0.050*
no partner		0.145***	0.142***
Socioeconomic status			
very poor (Reference)		0.00144	
poor		0.031**	0.020
medium		0.029**	0.011
rich		0.045***	0.022
very rich		0.064***	0.034*
Place of residence			
rural (Reference) urban		0.005	0.011
VI- 2 VI		-0.005	-0.011
Community characteristics Mean years of mother's education			0.001
Mean level of SES index			0.059
Proportion of women currently working			0.039
Children exposure to community nurseries programme			-0.080*
Mean level of female autonomy index			-0.008
* n 0 05 ** n 0 01 *** n 0 001			-0.008

^{*} p<0.05, ** p<0.01, *** p<0.001

Table 6. Full models for IDECHI, IDECHI_1 and IDECHI_2

	Model 3a	Model 3b	Model 3c
	IDECHI	IDECHI 1	IDECHI 2
Variable	(Overall index)	(Health system)	(Behav/psychsc)
Background controls			
Age (months)	0.005***	0.002***	0.008***
Age squared	-0.000***	-0.000***	-0.001***
Sex			
boy (Reference)			
1 girl	-0.010*	-0.006	-0.011*
Birth order/preceding birth interval			
first-birth (Reference)			
2nd-3rd and <2 years	-0.031**	-0.030**	-0.024
2nd-3rd and >2 years	-0.015**	-0.009*	-0.019**
4th + and <2 years	-0.019	-0.023	-0.012
4th + and >2 years	-0.014	-0.023**	-0.001
Exposure to community nurseries programme	0.046**	0.035*	0.049
Age at first birth (years)	-0.001	0.001*	-0.002**
Number of under-five children	-0.011***	-0.019***	-0.000
Family socioeconomic characteristics	0.011	0.01)	0.000
Mother's education level			
no education (Reference)			
primary	0.061***	0.068***	0.040*
secondary	0.086***	0.089***	0.065**
higher	0.095***	0.091***	0.080***
Mother's occupation	0.093	0.071	0.000
not working (Reference)			
professional, technical, manager	0.043***	0.021*	0.059***
clerical, sales, services, skilled manual	0.026***	0.014**	0.035***
agricultural, unskilled manual	0.020	-0.008	0.029*
Mother's autonomy	0.010	0.032**	-0.017
Partner's education level			
no education (Reference)	0.014	0.000	0.002
primary	0.014	0.022	0.003
secondary	0.022	0.026	0.013
higher	0.042*	0.029	0.050*
no partner	0.086***	0.020	0.142***
Socioeconomic status			
very poor (Reference)			
poor	0.021*	0.018*	0.020
medium	0.021*	0.026**	0.011
rich	0.028**	0.027**	0.022
very rich	0.031*	0.023*	0.034*
Place of residence			
rural (Reference)			
urban	-0.001	0.007	-0.011
Community characteristics			
Mean years of mother's education	0.002*	0.002*	0.001
Mean level of SES index	0.084***	0.088***	0.059
Proportion of women currently working	0.010	-0.009	0.029***
Children exposure to community nurseries	-0.060*	-0.031	-0.080*
programme			
Mean level of female autonomy index * p<0.05, ** p<0.01, *** p<0.001	-0.004	0.001	-0.008

Table7. Variance for the multilevel models of intermediary determinants of early childhood health indexes

*
*
)
*
*
;
*
c

* p<0.05, ** p<0.01, *** p<0.001

VPC: measures the proportion of total variance that is due to differences between-communities $\sigma_u^2/\sigma_e^2 + \sigma_u^2$

4. Discussion

In this paper we have explored individual, family and community level characteristics associated with a composite indicator that quantitatively measures intermediary determinants of early childhood health in Colombia. In particular, we have examined how structural determinants influence intermediary determinants of child health and how they operate through the families and communities where children live.

Intermediary determinants refer to those more immediate mechanisms through which the socioeconomic position operates on child health inequities, and therefore, their identification may contribute to determine intervention policies at this level. Such intermediary factors encompass different dimensions, ranging from the biological characteristics to the physical and psychosocial environment surrounding the child. Furthermore, the health system by its own constitutes a significant determining factor of child health inequities (Solar & Irwin, 2010).

In contrast to earlier studies that mainly focus on individual intermediary indicators, this study tries to compile into a single index different dimensions of intermediary determinants of child health outcomes. Beyond the intermediary factors of child health usually studied in the literature, such as the use of maternal health facilities (Ahmed, Creanga, Gillespie, & Tsui, 2010; Johnson, Padmadas, & Brown, 2009; Magadi, Madise, & Rodrigues, 2000; Sagna & Sunil, 2012; Stephenson, Baschieri, Clements, Hennink, & Madise, 2006), this study includes psychosocial and behavioural factors that can be associated with child health.

The composite indicators approach may contribute towards a better understanding and visualization of differences in intermediary determinants of child health, in the extent that it enables us to analyse the phenomenon, both in an overall perspective and exploring its dimensions. In view of this, we have fitted weighted multilevel models for our overall index of intermediary determinants of child health and for the two dimensions represented by constructed subindexes: health system dimension and the dimension of behavioural and psychosocial factors.

The results demonstrate that intermediary factors of child health in Colombia are associated with individual characteristics as well as family and community characteristics. Variables positively associated with the overall index (IDECHI) include child exposure to community nurseries program, the mother's education, the mother's occupation as professional/technical/manager and clerical/sales/services/skilled manual activities, partners with a higher educational level, households in higher economic quintiles and communities with higher mother's education and higher mean levels of SES.

In general, our results suggest that regardless of the dimension taken into account, the family's socioeconomic position, measured as the educational level of the mother and her partner, the mother's occupation and the household's SES, exert a fundamental role on the mediation of child health outcomes.

The main purpose of this study focuses on the role of communities on different intermediary factors and our results show an important point in this vein. The effect of household's SES is attenuated when community characteristics are added, indicating the importance that the level of community development may have in mediating individual and family characteristics. Similar results are found in previous studies that examine the

role of the community's SES (Fotso & Kuate-Defo, 2005, 2006). This result suggests that the physical and socioeconomic environment and the facilities available in the residential communities can substantially influence the early childhood development (Irwin, Siddiqi, & Clyde, 2007). Children from households with low SES, living in mixed communities in terms of socioeconomic conditions, generally have better development than children from low households SES who reside in poor communities (Kohen, Brooks-gunn, Leventhal, & Hertzman, 2002).

With respect to the health system indicator, the findings show that additionally to the influence of socioeconomic characteristics, the mother's autonomy has a positive effect on factors linked to child and maternal health care. These results are consistent with findings of other studies on use of maternal health facilities (Ahmed et al., 2010; Stephenson et al., 2006) and underline the importance of women empowerment within the household, allowing them to have a greater power of decision on both their own health and their children.

The positive association between variables linked to maternal-child care and maternal education has been examined in previous researches (Addai, 2000; Elo, 1992; Sagna & Sunil, 2012). Mother's education enables greater access and knowledge to the practices during pregnancy, enhances woman's empowerment and it is also associated with the income level. However, the effect of the partner's education has been less explored in the literature. Our results suggest that more educated partners can contribute to a better performance in intermediary factors of child health, reflecting the direct or indirect influence that they might have on maternal and child care. Furthermore, the positive effect of community maternal education is consistent with other studies (Corsi et al., 2011; Stephenson et al., 2006), suggesting that beyond the positive influence of the mother's education, there may be a positive externality in terms of community education that can help in the performance of intermediary factors of child health

In terms of the index of behavioural and psychosocial factors, our results point out the importance of the mother's occupation role. While it is clear that parental education affects the style of parenting, some aspects of education are mediated by the type of occupation. Menagahan & Parcel (1995) find that the working conditions of parents are linked to child outcomes. In particular, mothers with jobs requiring more complex activities, are capable of providing home environments cognitively, emotionally and physically more convenient for child development (Whitbeck et al., 1997).

In addition, our results show that the household's SES is not strongly associated with the dimension of behavioural and psychosocial factors. This may be due to the fact that poverty can negatively influence parenting style, but once a certain threshold is reached, additional income does not produce significant changes in the parents' behaviours (Hoff, Laursen, & Tardif, 2002).

On the other hand, it is perhaps not surprising to find the negative effect of community exposure to HCB programme, since this programme is mainly aimed to the poorest households, and hence, it is likely that such result is capturing the impact of community socioeconomic level. Nevertheless, further work is required in order to evaluate the programme and its impact on psychosocial factors.

Regarding to the community effects, our results are consistent with findings of previous studies that analyse the contextual effects on child health (Griffiths et al., 2004; Uthman, 2009). Although variations in intermediary determinants among communities

are explained above all by family characteristics, our results indicate that there is a significant variance in intermediary determinants of child health between-community, especially for those determinants linked to the health system, even after controlling for individual, family and community characteristics. These results likely reflect that whilst the community context can exert a greater influence on intermediary factors linked directly to health, in the case of psychosocial factors and the parent's behaviours, the family context can be more important. This underlines the importance of distinguishing between community and family intervention programmes.

However, it is worth nothing that there are also other community characteristics that are not accounted for in this study. For instance, socially accepted behaviours and practices within the community that can affect child environment, as well as violent and safety conditions. Additionally, community access barriers to health facilities and nurseries can be important intermediary factors of child health.

Finally, to our knowledge, this is the first study that operationalizes the CSDH framework and focuses on disentangling the pathways through which the family and the community's socioeconomic characteristics influence more downstream determinants of child health in Colombia.

It is clear that those environments responsible for promoting healthy conditions to childhood development go from the immediate context, i.e the family, to the socioeconomic context of the communities, municipalities and departments. Such as our indicator of intermediary determinants of early childhood health reflects, firstly, the maternal access to reproductive health services is fundamental, followed by child immunization and access to health system, and in addition to this, parents' practices and behaviours providing the appropriate environments for child development.

Limitations

There are obvious limitations in this study. First, the impossibility to compare the results of our index with previous Colombian DHS due to the fact that they do not include some of the psychosocial factors assessed here, and also considering the difficulty in establishing comparisons with other Latin American countries due to lack of recent DHS or unavailability of such data. Second, the significant between-community variation, even after controlling for individual, family and community characteristics, highlights the need for further research on the pathways through which communities influence intermediary factors of child health.

5. Conclusion

This study has shown some pathways through which communities can influence intermediary factors of childhood health. Our findings point out relevant information on the role of communities for the improvement of child health and highlight the importance, in terms of policy, of targeting programmes towards communities.

As our results indicated, the community mother's education is a factor that contributes to a better performance of intermediary determinants of child health. Although the Colombian government has been developing strategies to promote early childhood care through the community context, there are still inequalities in the access to such programmes. In this vein, we recommend the promotion of education of community

mothers, expanding coverage programmes such as the "Educational Support Units programme (UPA)⁵", for example, through the public-private partnership. But above all, is a priority to ensure that programmes reach the most vulnerable mothers, i.e. those living in the peripheral region and the rural areas of the country.

More educated mothers, not only will have access to better job opportunities, which in turns it will be reflected in higher household income, but it also can mean lower stress levels and therefore, a more appropriate home environment for child development. However, the negative effect on psychosocial factors that may have a greater proportion of women working in the community, highlights the importance of child care centres in the community that promote psychosocial qualities, as well as training programmes aimed at parents, which promote good parenting practices.

On the other hand, a suitable and relatively easy conglomerate available to provide information and to educate families in the community is the community's media. One strategy would be to provide information and training through different media options (television, radio and short illustrative magazines with a high content of images rather than text) about: i) maternal health seeking behaviour during pregnancy, childbirth and postpartum; ii) the rights and benefits of social security affiliation; iii) the services and programmes of the "Instituto Colombiano de Bienestar Familiar (ICBF)" available in the community; and iv) the importance of healthier nutritional habits, physical exercise and playing activities to child development.

Summarizing, the community's involvement is a key component of child health outcomes. Essentially, it is necessary that municipal and departmental governments involve local communities in the development, execution, monitoring and evaluation of childhood care policies.

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⁵ The UPA is a programme mainly targeted at urban children attending community nurseries (HCB), as well as their respective community mothers. The programme seeks to add an education component to the care and nutrition services (http://www.mineducacion.gov.co/primerainfancia/1739/article-177848.html).

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García-Quevedo, J. (IEB), Mas-Verdú, F. (IEB), Polo-Otero, J. (IEB)

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Bermúdez, Ll. (RFA-IREA), Karlis, D.

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Fageda, X. (GiM-IREA), Flores-Fillol, R.

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XREAP2010-15

Albalate, D. (GiM-IREA), Bel, G. (GiM-IREA), Fageda, X. (GiM-IREA)

"Is it Redistribution or Centralization? On the Determinants of Government Investment in Infrastructure" (Desembre 2010)

XREAP2010-16

Oppedisano, V., Turati, G.

"What are the causes of educational inequalities and of their evolution over time in Europe? Evidence from PISA"

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Canova, L., Vaglio, A.

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2011

XREAP2011-01

Fageda, X. (GiM-IREA), Perdiguero, J. (GiM-IREA)

"An empirical analysis of a merger between a network and low-cost airlines" (Maig 2011)

XREAP2011-02

Moreno-Torres, I. (ACCO, CRES & GiM-IREA)

"What if there was a stronger pharmaceutical price competition in Spain? When regulation has a similar effect to collusion"

(Maig 2011)

XREAP2011-03

Miguélez, E. (AQR-IREA); Gómez-Miguélez, I.

"Singling out individual inventors from patent data" (Maig 2011)

XREAP2011-04

Moreno-Torres, I. (ACCO, CRES & GiM-IREA)

"Generic drugs in Spain: price competition vs. moral hazard" (Maig 2011)

XREAP2011-05

Nieto, S. (AQR-IREA), Ramos, R. (AQR-IREA)

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XREAP2011-06

Pitt, D., Guillén, M. (RFA-IREA), Bolancé, C. (RFA-IREA)

"Estimation of Parametric and Nonparametric Models for Univariate Claim Severity Distributions - an approach using R" (Juny 2011)

XREAP2011-07

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Ayuso, M. (RFA-IREA), Guillén, M. (RFA-IREA), Bolancé, C. (RFA-IREA)

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XREAP2011-09

Duch-Brown, N. (IEB), García-Quevedo, J. (IEB), Montolio, D. (IEB)

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XREAP2011-10

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"Mixture of bivariate Poisson regression models with an application to insurance" (Juliol 2011)

XREAP2011-11

Varela-Irimia, X-L. (GRIT)

"Age effects, unobserved characteristics and hedonic price indexes: The Spanish car market in the 1990s" (Agost 2011)

XREAP2011-12

Bermúdez, Ll. (RFA-IREA), Ferri, A. (RFA-IREA), Guillén, M. (RFA-IREA)

"A correlation sensitivity analysis of non-life underwriting risk in solvency capital requirement estimation"

(Setembre 2011)

XREAP2011-13

Guillén, M. (RFA-IREA), Pérez-Marín, A. (RFA-IREA), Alcañiz, M. (RFA-IREA)

"A logistic regression approach to estimating customer profit loss due to lapses in insurance" (Octubre 2011)

XREAP2011-14

Jiménez, J. L., Perdiguero, J. (GiM-IREA), García, C.

"Evaluation of subsidies programs to sell green cars: Impact on prices, quantities and efficiency" (Octubre 2011)

XREAP2011-15

Arespa, M. (CREB)

"A New Open Economy Macroeconomic Model with Endogenous Portfolio Diversification and Firms Entry"

(Octubre 2011)

XREAP2011-16

Matas, A. (GEAP), Raymond, J. L. (GEAP), Roig, J.L. (GEAP)

"The impact of agglomeration effects and accessibility on wages" (Novembre 2011)

XREAP2011-17

Segarra, A. (GRIT)

"R&D cooperation between Spanish firms and scientific partners: what is the role of tertiary education?" (Novembre 2011)

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García-Pérez, J. I.; Hidalgo-Hidalgo, M.; Robles-Zurita, J. A.

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